

Cross-Movement Solidarity Worksheet

Map the movements around your fight, find the shared language that lets you stand together, and give before you ask.

Map Adjacent Movements

Shares a root

What other fight comes from the same underlying problem — the same economic pressure or systemic failure?

Shares an opponent

What other movement is up against the same power — the same industry, agency, or political bloc?

Shares a community

What movement serves the same people you do, from a different angle?

Shared Language

For one adjacent movement, name the common value or frame you genuinely both hold — the true overlap you could stand on together.

The Offer

Name something concrete you could give to their fight, not just ask of it — turning out for their hearing, amplifying their cause, lending a specific strength.

The Boundary

Name one place where your causes diverge, so you partner honestly rather than papering over the difference.

Following Their Lead

If you'd be advocating for a community you're not part of, name how you'd follow their lead rather than speak over them — what you'd ask, whose plan you'd support.

Real solidarity, not extraction

I'm giving to this movement's fight, not just asking for their support.

I've named where we genuinely agree and where we diverge.

If I'm advocating for a community I'm not part of, I'm following their lead.

I'm not keeping a ledger — this is mutual, not transactional.